

**What is the Walking School Bus?**

A Walking School Bus program is a new concept that has been adopted across Canada and the United States with the main goal of increasing children's daily physical activity in a safe and efficient way. A Walking School Bus is essentially any group of children walking to school with the company and supervision of an adult. This program can be as structured as a planned route with a regularly rotated schedule of supervisors, set meeting points, and trained volunteers or as informal as a couple of families who agree to take turns walking their children to school. Communities across several city, states and provinces including: Baltimore, Nebraska, Washington, and Ontario have implemented a Walking School Bus program in their elementary school systems.

Benefits

There are many benefits to the Walking School Bus for parents, children, and volunteers.

Benefits for parents:

- Less stress – less rush in the morning
- Less worry about your child's safety as they walk to school

Benefits for children:

- Daily physical activity
- Opportunity to become a good pedestrian
- Enjoyment and sense of belonging to a group
- FUN!!!

How it Works

The purposed walking school concept includes an adult along with two or three grade 8 volunteers will walk along a designated route and picking up students from bus stops. The hope is to have three or four WSB bus routes. Leaders will follow established safety protocols when crossing the street and walking to ensure the safety of each student. During the walk the students will be engaged in fun walking activities that will be facilitated by the leaders.

How to Get Involved

There are various leadership options being explored for the potential Walking School Bus. There may be volunteers needed to facilitate a walking route. If you would like to be involved, please send your name and contact information to the recreation department.

Contact Information

If you have any comments, concerns or feedback contact recreation@wolfville.ca.